### GEORGE TOWN NEIGHBOURHOOD HOUSE

Bi Monthly Newsletter December 2023- January 2024



187 Agnes Street GEORGE TOWN
Monday - Friday 8.30- 4pm
Phone: 63123019
email: reception@gtnh.org.au
www.gtnh.org.au
facebook: @georgetownhood



### **HOUSE CLOSURES**

December 25th, and 26th January 1st-26th Reopen: January 29th

## **Emergency Phone Numbers**

Housing Connect: 1800 800 588

Salvation Army: 03 6208 188

St Vincent De Paul: 03 6208 1488

Centrelink: Older Australians 132 300 Disability 132 717

Crisis 132 850 Families 136 150 Youth 132 490

Launceston Community Legal Centre: 03 6334 1577

Kindly Printed by Bridget Archer MP, Federal Member for Bass

Please note this newsletter is a snapshot of what we offer please see our website for more services.

### SOCIAL SHEILA'S

Ladies over 18 only strictly no children

27th of October: Coffee and planning session for NYE stall

3rd of November: Rummy 500 (cards)

10th of November: Craft Activity lavender bags

17th of November: Token Bingo

24th of November Cards against humanity

st December: Home made Christmas presents on a

budget. \$5 per person

8th December: NYE stall round up and final planning

22nd December: Christmas Baking \$5 per person

This program is free unless indicated above and runs from 12:30pm until 2pm Friday afternoons.

# PET FOOD, FOR TREATMENT AND SUPPLIES

A partnership between Neighbourhood House, Exploring Wellness with Coach Bec, Little Paws Pampering, FoodBank and RSPCA



OECEMBER 7TH 10:30AM - 12:30PM OR

**DECEMBER 21ST 10:30AM - 12:30PM** 

15 minute time slots. Book on 63 123 019 or drop into The Hood

BOOKINGS ESSENTIAL









# TAS COSS: Duit Sunking and Addiction Hub





Do you and your mate have an addiction?

Come together

Get Help together

No judgement

Drop in Thursdays fornightly or call us to book in: 63123019 14/12/2023 and 25/01/2024

9.302m -12.30pm George town Neighbourhood House 187 Agnes Street



Anglicare Orug and Alcohol Treatment and support Services



Check out our new space funded through a TAS COSS smoking cessation grant.

This space is known as our addictions hub and is a space that holds all our information to help you beat those addictions.

The space will house Quit conversations with Quit Tasmania volunteers, No more butts facilitators, Anglicare financial Counselling, Ashley from Anglicare our drug and alcohol support, just general information drop in Information Centre, smokealyser, and nicotine replacement aids

### VISITING LEGAL SERVICES

**Launceston Community Legal Centre (LCLC)**- Book a free legal appointment with them directly on 6334 1577. Ask for outreach at George Town they are here on the following dates: 11th

**Ross Hart**- Practices out of the house fortnightly on a Tuesday, this is not a free service. To book an appointment with him please call his office on 6388 9230. Dates in the house: 5th, 19th

**Women's Legal Service Tasmania**- Willing to do outreach when needed call for appointments 6349 1943, at The CFLC Monthly

# Woolworths Giving Tree





The wonderful team at
Woolworths George Town has
teamed up with the house
again this year to help with our
Christmas gift appeal. If you
would like to help spread some
Christmas joy to local families
in need, please drop your gift
down to the Woolworths tree
by 18th December

# Mondays

8.30am-10.30am: Great Giveaway donations drop- off times

9am-1pm: Community Garden produce available for sale

9.30am: Frozen Food: Register for a free bag of frozen food, weekly-

contents vary (limited numbers, one per household)

9.30am: Aqua Floaters

9.30am-4pm: Maxima- Disability Job network provider by

appointment

10am-2pm: Launceston Community Legal Centre fortnightly- by

appointment

**10am-4pm**: RFDS Youth Mental Health fortnightly by appointment

referrals available.

10am-12noon: Salvation Army Streets to home worker fortnightly

10am-4pm: No Interest Loan applications by appointment

10am-4pm: Emergency relief applications- by appointment

10am-4pm: Legal Literacy Volunteers by appointment.

(help to fill out forms)

10am-4pm: Learner License Testing and tutoring-By appointment

12.30-4pm: Yemaya Women's services- Domestic and family

violence counselling

6.30pm: Aqua Fitness: With Kylie Moore

All Day: Massage Chair

All Day: Newspaper

All Day: Community Puzzle and Community Diamond Art

All Day: Free books and Clothes

All Day: Basketball

All Day: Coffee and Tea

All Day: Continental Breakfast (Toast and Cereal)

**All Day: Computers** 

# Tuesdays

8.30am-10.30am: Great Giveaway donations drop- off times

9am-1pm: Life without Barriers

9.00am-4pm: RFDS Adult Mental Health- by appointment referrals

available

10am-11.30am: Indoor Lawn Bowls

10am-4pm: RFDS Youth Mental Health fortnightly by appointment

referrals available.

9am-2pm: Ross Hart Lawyer- by appointment

10am-4pm: Centrelink support by appointment

10am-4pm: No Interest Loan applications by appointment

10am-4pm: Emergency relief applications- by appointment

10am-4pm: Legal Literacy Volunteers by appointment.

(help to fill out forms)

10am-4pm: Learner License Testing and tutoring-By appointment

3pm: Fam Bam Bingo

All Day: Massage Chair

All Day: Newspaper

All Day: Community Puzzle and Community Diamond Art

All Day: Free books and Clothes

All Day: Basketball

All Day: Coffee and Tea

All Day: Continental Breakfast (Toast and Cereal)

**All Day: Computers** 

# Wednesdays

8.30am-10.30am: Great Giveaway donations drop- off times

9am-1pm: Community Garden produce available for sale

9.00am-4.00pm:RFDS Adult mental Health Worker by appointment

referrals available

9.30am-4pm: Aqua Floaters

10am-3pm: Anglicare Housing Connect-ring us for appointments

**10am-4pm**: RFDS Youth Mental Health fortnightly by appointment

referrals available.

10am-4pm: Centrelink support by appointment

10am-4pm: No Interest Loan applications by appointment

10am-4pm: Emergency relief applications- by appointment

10am-4pm Legal Literacy Volunteers by appointment.

(help to fill out forms)

10am-4pm Learner License Testing and tutoring-By appointment

**12noon**: Vegetable Bags: Register weekly as spots are limited

(limit one per household)

3.00pm Children's University

6.30pm Aqua Fitness: With Kylie Moore

All Day: Massage Chair

All Day: Newspaper

All Day: Community Puzzle and Community Diamond Art

All Day: Free books and Clothes

All Day: Basketball

**All Day: Coffee and Tea** 

All Day: Continental Breakfast (Toast and Cereal)

**All Day: Computers** 

# Thursday

8.30am-10.30am: Great Giveaway donations drop- off times

9am-4pm: RFDS Adult Mental Health work by appointment

- referrals available

9.30am-4.00pm: My Pathways Parents Next employment services

monthly

10am-12noon: Anglicare Addictions specialist support worker

fortnightly drop in service (14/12, 25/01)

10am-12pm: Cooking with Friends

10am-4pm: Centrelink support by appointment

10am-4pm: No Interest Loan applications by appointment

10am-4pm: Emergency relief applications- by appointment

10am-4pm Legal Literacy Volunteers by appointment.

(help to fill out forms)

10am-4pm Learner License Testing and tutoring-By appointment

10am-4pm Max Employment services

12.00-2.30pm: Board Game Bonanza- come and play some good old

fashioned board games

3.00pm-4.30pm: After School activities with PCYC and BBQ with

City Mission- 2nd and 4th Thursday of the month

during school terms

All Day: Massage Chair

All Day: Newspaper

All Day: Community Puzzle and Community Diamond Art

**All Day**: Free books and Clothes

All Day: Basketball

All Day: Coffee and Tea

All Day: Continental Breakfast (Toast and Cereal)

**All Day**: Computers

# Fridays

8.30am-10.30am: Great Giveaway donations drop- off times

9am-1pm: Community Garden produce available for sale

9am-1pm: Great Giveaway (monthly 1st Friday of the month)

9.00am-4pm: GVCT Employment Services

9am-4pm: RFDS Adult Mental Health worker by appointment

referrals available.

10.30am-12noon: Not Bingo

12noon: Free Community BBQ

12.30-2pm: Social Sheila's

10am-4pm: Centrelink support by appointment

10am-4pm: No Interest Loan applications by appointment

10am-4pm: Emergency relief applications- by appointment

10am-4pm Legal Literacy Volunteers by appointment.

(help to fill out forms)

10am-4pm Learner License Testing and tutoring-By appointment

All Day: Massage Chair

All Day: Newspaper

All Day: Community Puzzle and Community Diamond Art

All Day: Free books and Clothes

All Day: Basketball

**All Day: Coffee and Tea** 

All Day: Continental Breakfast (Toast and Cereal)

**All Day: Computers** 

**All Day: Gaming Console** 

Sundays: 10am- Aqua Fitness with Kylie Moore



FIREWORKS 9.30PM AND MIDNIGHT BY BRIGHTSTAR FIREWORKS

WSM Freestyle Motocross Super Silly Us Circus Fire Twirlers Markets Live Music by Can Castle Food and Drinks and Plenty More Fun To Be Had

Free Tickets available on the website

Supported By:



Major Sponsor:

31.12.2023





5.00pm-midnight (kids attractions finish at 9.30pm)

Street Party Elizabeth and Macquarie Street George Town



Its not too late to join the fun. if you want to be a vendor contact us

www.gtnh.org.au/new-years-eve



### FINANCIAL INFORMATION **SERVICES** OFFICER

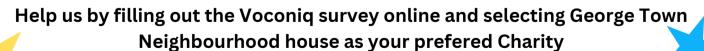






- increase your confidence with financial matters like investment, salary sacrifice and superannuation
- · understand your own financial affairs and options
- understand financial planners and how to use their advice
- · how to use credit sensibly
- save and plan for the future through investina
- plan for your retirement
  understand what happens when you move into aged care

George Town Neighbourhood House 187 Agnes Street George Town to book in 6312 3019 reception@gtnh.org.au



Voconiq Local Voices is a unique community engagement program developed using research conducted by Australia's national science agency, CSIRO. Local Voices is giving communities around the world the opportunity to confidentially express their views and experiences with companies in their area. The insights generated help companies and communities build stronger relationships.

https://voconiqlocalvoices.com/ en/bell-bay-aluminium/f



LET'S CELEBRATE OUR

# CHILDREN'S UNIVERSITY Graduation

Our Children have now Graduated and are starting a new year, if you would like more information about your child joining contact us today









### **FOOD PROGRAMS**

#### Monday Frozen Food Box-<u>(Free)</u>

Contents vary weekly but generally include some frozen meals and other frozen food items. Call Monday mornings to be put on the list, 20 spaces available. Collection between 9.30-10am

#### Wednesday Vegetable Bags - (Free)

Fresh fruit and vegetables from Loaves and Fishes, items vary. Call weekly to be put on the list, 25 spaces available, pickup12 noon Wednesdays

#### Continental Breakfast- (Free)

#### **Currently looking for a sponsor**

Available daily and help your self to our continental breakfast, consisting of a range of cereals, bread for toast with a range of condiments.

#### Pantry Hampers - (\$20)

Pantry hampers are available everyday for \$20, contents vary but include many pantry staples (contents generally worth around \$80)

#### Community Pantry- (Free)

We have a community pantry out the front, that will have our excess food available after hours, this pantry is free for anyone in the community to take what they need.

#### Community BBQ- (Free)

We have a community BBQ every Friday 12noon, come and have a snag on some bread and some conversation.

#### **SECRETARY SERVICES**

Photo Copies/ Printing A4 (black and white) 20c per page

A3 40cents per page

Photo Copies/Printing A4 (Colour) \$1 per page

A3 \$2 per page

Laminating **A4** \$1 **A3** \$2

Scan and Email: No charge

Resume Printing: 5 copies for free



# **Meet Team Hood**

### Office

Simone Lowe- Manager

Kristy Fawdry

Cindy Johnson

Jessica Berger

Anne Cameron

Kelly O'Grady

Kerry Whit

Cynthia Lowe

Mackenzie Crowe

### Board Of Management

Paul Gale- Chairperson

Jill Holland-Treasurer

Diane Duggan- Secretary

Denise Fawdry

Anne Cameron

Nick Van Der Klugt

Wayne Barry

Judy Tyson

Rob Frauenfelder

### **House Volunteers**

Wayne Barry

Amanda Barry

Phil Worker

Will Chenery

Pat Wilkinson

Vince Wilkinson

Chanita Subhitabhorn

Nick Van Der Klugt

Peter Fawdry

Polly Benson

Kerry Whit

Ross Hayward

Kylie Moore

lan Dick

Crystal George

Derik Scher

Ethan Graham

Dusk Realm

