

GEORGE TOWN NEIGHBOURHOOD HOUSE

Bi Monthly Newsletter February 2024- March 2024



CONTACT US

187 Agnes Street GEORGE TOWN

Monday - Friday 8.30- 4pm

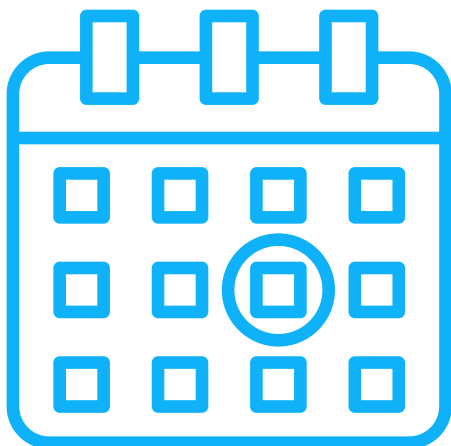
Phone: 63123019

email: reception@gtnh.org.au

www.gtnh.org.au

facebook: [@georgetownhood](https://www.facebook.com/georgetownhood)

Team Hood Is excited for 2024 we have so much coming up for you the George Town Community, So take advantage of some fantastic things going on at the house.



HOUSE CLOSURES:

28th February : Launceston Cup Day

11th March: Eight Hour Day

29th March: Good Friday

1st April: Easter Monday

2nd April: Easter Tuesday

Kindly Printed by Bridget Archer MP, Federal Member for Bass

Please note this newsletter is a snapshot of what we offer please see our website for more services.

Money Monday

Become the Master of Personal Finance

Topics of Discussion:

- How to Create a Budget?
- Do Takeaway Meals Takeaway from your savings?
- How to control your spending?
- What home Appliances are costing you?
- How interested are you in your interest?



**Every Monday
in February**

5th - 10am -11:30am

12th - 10am -11:30am

19th - 10am -11:30am

26th - 10am -11:30am

Finance February



Book now with the Hood!

03 6312 3019



**George Town
Neighbourhood
House**

Treasurer Tuesday

Learn Best Practices to Ensure your Money is secure

Topics of Discussion:

- Role of a Treasurer
- Understanding Basic Financial Terms
- Creating a Budget
- Cash Management
- Dealing with Cash Shortages
- Best Practices for Documentation and Financial Controls



**Every Tuesday
in February**

6th - 10am -11:30am

13th - 10am -11:30am

27th - 10am -11:30am

Finance February



Book now with the Hood!

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Neighbourhood
House**

Advanced Business Strategies Thursday

Have a great idea, not sure how to turn it into a business?

Topics of Discussion:

- Find the customers you want!
- Building an Avatar
- Finding your market
- How to reach your market
- Tools to assist you in the process



**Every Thursday
in February**

8th - 8:30am -10am

22th - 8:30am -10am

29th - 8:30am -10am

Finance February



Book now with the Hood!
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**George Town
Neighbourhood
House**

Business Basics

Thursday

Have a great idea, not sure how to turn it into a business?

Topics of Discussion:

- What is involved in starting a business
- What structure is right for you
- Best Business Practices
- Do I keep receipts?
- Systems for Success
- How to monitor your business success and viability



**Every Thursday
in February**

8th - 10am -11:30am

22th - 10am -11:30am

29th - 10am -11:30am

Finance February



Book now with the Hood!







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**George Town
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House**



Children's University February/March Calendar 2024

Week 1: Wednesday 14 th February Activities with Claire from UTAS CU 	Week 2: Wednesday 21 st February How To Draw 	Week 3: Wednesday 28 th February Closed	Week 4: Wednesday 6 th March Parent Information Session 	Week 5: Wednesday 13 th march St Patricks Day- All things Green 	Week 6: Wednesday 20 th March International Day of Happiness 	Week 7: Wednesday 27 th March Easter Fun 
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If your Child doesn't like the scheduled activity for Children's University, they can still attend and access the learning portal on our devices or complete paper-based activities.

If you are not enrolled in Children's university unfortunately we wont have room for extras at the childrens university activities.

Are you Indigenous?

DO YOU NEED CENTRELINK SUPPORT?

**The Indigenous Services Officer Kerri, from
Services Australia Centrelink will be working
from The Hood**

**When:
10am-12pm**

**13th February
27th February
12th March
26th March**

 Services
Australia



Coming Soon to The Hood- Bio Char

Stay tuned, the George Town
Neighbourhood House is getting a
Bio Char kiln, we will run some
community education sessions on
making Bio Char



Mondays

8.30am-10.30am: Great Giveaway donations drop- off times

9am-1pm: Community Garden produce available for sale

9.30am: Frozen Food: Register for a free bag of frozen food, weekly- contents vary (limited numbers, one per household)

9.30am: Aqua Floaters (during school terms)

9.30am-4pm: Maxima- Disability Job network provider by appointment

10am-2pm: Launceston Community Legal Centre Monthly- by appointment

10am-11.30am: Finance February- Money Monday with Ben from Taxmania (every Monday in February)

10am-12noon: Salvation Army Streets to home worker fortnightly

10am-4pm: No Interest Loan applications by appointment

10am-4pm: Emergency relief applications- by appointment

10am-4pm: Legal Literacy Volunteers by appointment.
(help to fill out forms)

10am-4pm: Learner License Testing and tutoring-By appointment

12.30-4pm: Yemaya Women's services- Domestic and family violence counselling

6.30pm: Aqua Fitness: With Kylie Moore

All Day: Massage Chair

All Day: Newspaper

All Day: Community Puzzle and Community Diamond Art

All Day: Free books and Clothes

All Day: Basketball

All Day: Coffee and Tea

All Day: Continental Breakfast (Toast and Cereal)

All Day: Computers

All Day: Gaming Console

Tuesdays

8.30am-10.30am: Great Giveaway donations drop- off times

9am-1pm: Life without Barriers- fortnightly

9.00am-4pm: RFDS Adult Mental Health- by appointment referrals available

10am-11.30am: Indoor Lawn Bowls (from March)

10am-11.30am: Finance February- Treasurer Tuesday sessions with Ben (February only)

9am-2pm: Ross Hart Lawyer (fortnightly)- by appointment

10am-12pm: Kerri- Indigenous Support Worker Centrelink (fortnightly)

10am-4pm: Centrelink support by appointment

10am-4pm: No Interest Loan applications by appointment

10am-4pm: Emergency relief applications- by appointment

10am-4pm: Legal Literacy Volunteers by appointment.
(help to fill out forms)

10am-4pm: Learner License Testing and tutoring-By appointment

3pm: Fam Bam Bingo

All Day: Massage Chair

All Day: Newspaper

All Day: Community Puzzle and Community Diamond Art

All Day: Free books and Clothes

All Day: Basketball

All Day: Coffee and Tea

All Day: Continental Breakfast (Toast and Cereal)

All Day: Computers

All Day: Gaming Console

Wednesdays

8.30am-10.30am: Great Giveaway donations drop- off times

9am-1pm: Community Garden produce available for sale

9.00am-4.00pm:RFDS Adult mental Health Worker by appointment
referrals available

9.30am-4pm: Aqua Floaters

10am-3pm: Anglicare Housing Connect- ring us for appointments

10am-4pm: Centrelink support by appointment

10am-4pm: No Interest Loan applications by appointment

10am-4pm: Emergency relief applications- by appointment

10am-4pm Legal Literacy Volunteers by appointment.
(help to fill out forms)

10am-4pm Learner License Testing and tutoring-By appointment

12noon: Vegetable Bags: Register weekly as spots are limited
(limit one per household)

3.00pm Children's University (during school Terms)

6.30pm Aqua Fitness: With Kylie Moore

All Day: Massage Chair

All Day: Newspaper

All Day: Community Puzzle and Community Diamond Art

All Day: Free books and Clothes

All Day: Basketball

All Day: Coffee and Tea

All Day: Continental Breakfast (Toast and Cereal)

All Day: Computers

All Day: Gaming Console

Thursdays

8.30am-10.30am: Great Giveaway donations drop- off times

8.30am-11.30am: Finance February- Business Sessions (Feb only)

9am-4pm: RFDS Adult Mental Health work by appointment
- referrals available

9.30am-4.00pm: My Pathways Parents Next employment -Monthly

10am-12noon: Anglicare Addictions specialist support worker
fortnightly drop in service

10am-12pm: Cooking with Friends

10am-4pm: Centrelink support by appointment

10am-4pm: No Interest Loan applications by appointment

10am-4pm: Emergency relief applications- by appointment

10am-4pm Legal Literacy Volunteers by appointment.
(help to fill out forms)

10am-4pm Learner License Testing and tutoring-By appointment

10am-4pm Max Employment services

1.00pm-3.30pm: Board Game Bonanza- come and play some good
old fashioned board games

3.00pm-4.30pm: After School activities with PCYC and BBQ with
City Mission- 2nd and 4th Thursday of the month
during school terms

All Day: Massage Chair

All Day: Newspaper

All Day: Community Puzzle and Community Diamond Art

All Day: Free books and Clothes

All Day: Basketball

All Day: Coffee and Tea

All Day: Continental Breakfast (Toast and Cereal)

All Day: Computers

All Day: Gaming Console

Fridays

8.30am-10.30am: Great Giveaway donations drop- off times

9am-1pm: Community Garden produce available for sale

9am-1pm: Great Giveaway (monthly 1st Friday of the month)

9.00am-4pm: GVCT Employment Services

9am-4pm: RFDS Adult Mental Health worker by appointment
referrals available.

10.30am-12noon: Not Bingo

12noon: Free Community BBQ

12.30-2pm: Social Friday

10am-4pm: Centrelink support by appointment

10am-4pm: No Interest Loan applications by appointment

10am-4pm: Emergency relief applications- by appointment

10am-4pm Legal Literacy Volunteers by appointment.

(help to fill out forms)

10am-4pm Learner License Testing and tutoring-By appointment

All Day: Massage Chair

All Day: Newspaper

All Day: Community Puzzle and Community Diamond Art

All Day: Free books and Clothes

All Day: Basketball

All Day: Coffee and Tea

All Day: Continental Breakfast (Toast and Cereal)

All Day: Computers

All Day: Gaming Console

Sundays: 10am- Aqua Fitness with Kylie Moore

VISITING LEGAL SERVICES

Launceston Community Legal Centre (LCLC)- Book a free legal appointment with them directly on 6334 1577. Ask for outreach at George Town they are here on the following dates: 19th February, 18th March

Ross Hart- Practices out of the house fortnightly on a Tuesday, this is not a free service. To book an appointment with him please call his office on 6388 9230. Dates in the house: 13th and 27th February, 12th and 26th March

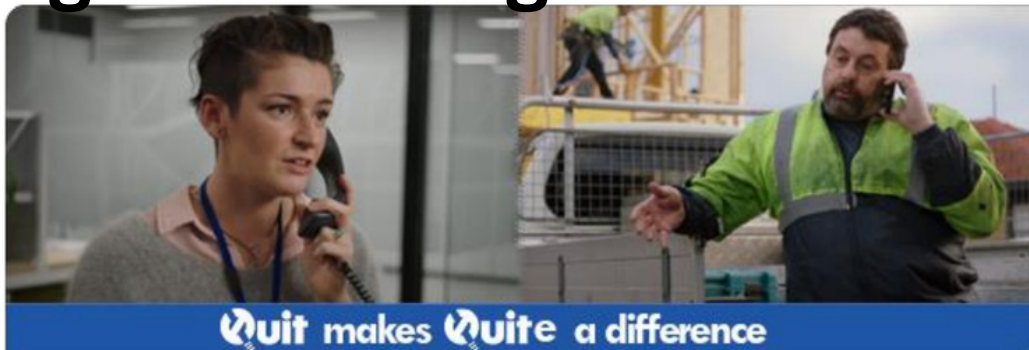
Women's Legal Service Tasmania- Willing to do outreach when needed call for appointments 6349 1943, at The CFLC Monthly

Supporting People to Quit Smoking and Vaping

Tuesday 20th February 10am-1pm

everyone welcome

@George Town Neighbourhood House



A program of



Get involved. Volunteer, fundraise

Prevention



Support



Community



Events



Research



GEORGE TOWN NEIGHBOURHOOD HOUSE

MARCH 8
INTERNATIONAL
Women's
Day

COME AND JOIN THE FUN

EMPOWERING INSPIRING UPLIFTING

**GUEST SPEAKERS, EXPO, REFRESHMENTS
AND FREE GOODIES.**

ALL WELCOME, FREE ENTRY

**GEORGE TOWN MEMORIAL HALL
FRIDAY 8TH MARCH 10AM-3PM**

**REGISTER FOR OUR EVENT ON FACEBOOK
OR VIA CALLING RECEPTION 6312 3019**





Visiting Lawyer

Free Legal Advice

George Town Neighbourhood House
187 Agnes St, George Town

MONDAY

19th February 2024

18th March 2024

Community Education Session:

Employment Law

Monday 19th February 10am-11am

Everyone welcome

For more information and to book an appointment
please ring **6334 1577** or **1800 066 019**



Face-to-Face Coaching at George Town Community House



13 Februray | 9:30 am - 3:30 pm



George Town Neighbourhood House, 187 Agnes Street



1800 422 737 (press 1 at the menu)

Booking is essential*

Eligibility - Registered carers with Carer Gateway only. To make a booking please call us and speak to one of our team.

What Do I Say? What Do I Do?

Please join us for a free community workshop

Purpose:

To increase understanding of suicide bereavement and learn basic support skills.

Topics covered:

- The StandBy Service Model
- Crisis, trauma and grief
- What makes suicide different from other sudden deaths
- Support approaches & best practice
- Self-Care



Date Thursday March 21st 2024

Time 10am – 1pm

Venue George Town Neighbourhood House
187 Agnes Street

Facilitator StandBy Support Team

RSVP 14 March 2024

Ph 6312 3019

For More Information Contact

Gayle Carroll
Northern Outreach Worker
StandBy Support After Suicide

M 0429 366 386

E gayle.carroll@lifelinetasmania.org.au



standbysupport.com.au

*StandBy - an initiative of the Australian Government
Post Suicide Support - an initiative funded by the NSW Government.*



We acknowledge the Traditional Custodians of the land on which we operate, and pay our respects to their elders past, present and emerging.



Our organisation is a place where human rights are respected and people of diverse genders and sexual orientation are welcomed and supported.

AFTER SCHOOL ACTIVITIES WITH PCYC

2nd and 4th Thursdays during School Terms
BBQ WITH CITY MISSION

3.00pm-4.30pm

SAVE THIS FOR YOUR FRIDGE

February: 8th, 22nd

March: 14th, 28th

April: 11th

May: 9th, 23rd

June: 13th, 27th

July: 25th

August: 8th, 22nd

September: 12th, 26th

October: 24th

November: 14th, 28th

December: 12th,

for more information call 63123019 or

contact us on Facebook



**George Town
Neighbourhood
House**

FOOD PROGRAMS



Monday Frozen Food Box- (Free)

Contents vary weekly but generally include some frozen meals and other frozen food items. Call Monday mornings to be put on the list, 20 spaces available. Collection between 9.30-10am



Wednesday Vegetable Bags - (Free)

Fresh fruit and vegetables from Loaves and Fishes, items vary. Call weekly to be put on the list, 25 spaces available, pickup 12 noon Wednesdays

Continental Breakfast- (Free) Currently looking for a sponsor

Available daily and help yourself to our continental breakfast, consisting of a range of cereals, bread for toast with a range of condiments.



Pantry Hampers- (\$20)

Pantry hampers are available everyday for \$20, contents vary but include many pantry staples (contents generally worth around \$80)

Community Pantry- (Free)

We have a community pantry out the front, that will have our excess food available after hours, this pantry is free for anyone in the community to take what they need.



Community BBQ- (Free)

We have a community BBQ every Friday 12noon, come and have a snag on some bread and some conversation.

SECRETARY SERVICES

Photo Copies/ Printing **A4** (black and white) 20c per page

A3 40cents per page

Photo Copies/Printing **A4** (Colour) \$1 per page

A3 \$2 per page

Laminating **A4** \$1 **A3** \$2

Scan and Email: No charge

Resume Printing : 5 copies for free



Meet Team Hood

Office

Simone Lowe- Manager
Kristy Fawdry
Cindy Johnson
Jessica Berger
Anne Cameron
Kelly O'Grady
Kerry Whit
Cynthia Lowe
Mackenzie Crowe

Board Of Management

Paul Gale- Chairperson
Jill Holland- Treasurer
Diane Duggan- Secretary
Denise Fawdry
Anne Cameron
Nick Van Der Klugt
Wayne Barry
Judy Tyson
Rob Frauenfelder

House Volunteers

Wayne Barry
Amanda Barry
Phil Worker
Pat Wilkinson
Vince Wilkinson
Nick Van Der Klugt
Peter Fawdry
Polly Benson
Kerry Whit
Ross Hayward
Kylie Moore
Ian Dick
Crystal George
Derik Scher
Ethan Graham
Dusk Realm
Phillippa Paine
Lucas Weston

