

# GEORGE TOWN NEIGHBOURHOOD HOUSE

*Bi Monthly Newsletter February 2023- March 2023*



CONTACT US

187 Agnes Street GEORGE TOWN

Monday - Friday 8.30- 4pm

Phone: 63123019

email: [reception@gtnh.org.au](mailto:reception@gtnh.org.au)

[www.gtnh.org.au](http://www.gtnh.org.au)

facebook: @georgetownhood

*Have your  
Say*

Please fill out our quick survey and give us your opinions on George Town New Years Eve Extravaganza for 2024



Free Sausage  
Sizzle every  
Friday 12 noon

## COOKING WITH FRIENDS

THURSDAYS 10AM

Learn to cook a basic meal and enjoy your hard work afterwards.

This is a free program

Strictly no children.



Kindly Printed by Bridget Archer MP, Federal Member for Bass

Please note this newsletter is a snapshot of what we offer please see our website for more services.



# HAIRCUTS FOR THE HOMELESS

If you know someone that could  
benefit from this service please get  
in contact with us

187 Agnes street George Town  
03 63123019

This program was made possible by donations from  
Rotary George Town and Diane Duggan





# George Town Neighbourhood House Children's Univesity



Ages 7-14

Fun activities weekly  
During School Term,  
Wednesdays 3pm-4pm  
For more information and to  
Sign up call us 63123019



## 2022 Graduates



The George Town program is proudly sponsored by







# Footy Fest is back for 2023

Friday's 3pm-4.30pm from 17th March till 29th September 2023

All ages welcome, Big kids included (adults) children under 8 must be supervised by an adult.

Weekly footy related activities for those with a passion for AFL

## SHOWBAGS



**WE STILL HAVE SHOW BAGS AVAILABLE FOR SALE  
\$10 BIG DEAL, \$5 CAPTAIN CANDY, \$4 LOTS'O'POPS  
ASSORTED HOOD SHOW BAGS \$5**





**George Town  
Neighbourhood  
House**

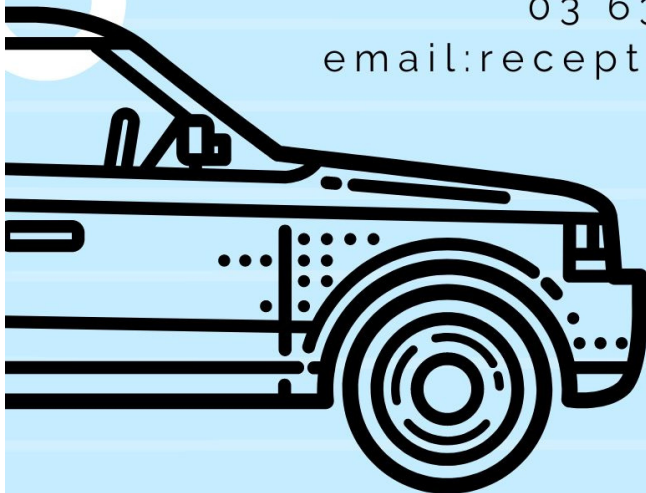


# **WHAT TO LOOK FOR WHEN BUYING A CAR**

MONDAY 27TH MARCH  
11AM-12.30PM

**Information/demonstrations on what to  
look for when your buying a car to try  
and avoid buying a lemon**

187 Agnes Street  
George Town  
03 63123019  
email:reception@gtnh.org.au



Registrations preferred  
but not essential



WEDNESDAY 8TH MARCH  
INTERNATIONAL WOMENS DAY

# Women of George Town

GET INSPIRED AND ACHIEVE  
9.30AM-4PM FULL DAY EVENT  
GEORGE TOWN MEMORIAL HALL

COME LISTEN TO LOCAL GEORGE TOWN WOMEN AND HEAR HOW  
THEY ACHIEVED THEIR SUCCESS, AND BE INSPIRED



**THERE WILL BE  
SPEAKERS,  
WORKSHOPS, LUNCH  
ALL BY LOCAL WOMEN**

**REGISTER FOR THIS FREE EVENT  
FOR MORE INFORMATION PLEASE  
CHECK OUR WEBSITE  
[WWW.GTNH.ORG.AU](http://WWW.GTNH.ORG.AU) OR EMAIL US  
[RECEPTION@GTNH.ORG.AU](mailto:RECEPTION@GTNH.ORG.AU)**



# Great Giveaway

FEBRUARY GREAT GIVEAWAY  
FRIDAY 3RD 9AM - 2PM  
MARCH GREAT GIVEAWAY  
FRIDAY 3RD 9AM - 2PM



ALL OUR STORED DONATIONS WILL  
BE PUT OUT FOR GIVE AWAY  
STRICT 9AM START TAKE AS MUCH  
AS YOU WOULD LIKE

## VISITING LEGAL SERVICES

**Launceston Community Legal Centre (LCLC)**- Book a free legal appointment with them directly on 6334 1577. Ask for outreach at George Town they are here on the following dates: 6th Feb, 20th Feb, 6th March, 20th March.

**Ross Hart**- Practices out of the house fortnightly on a Tuesday, this is not a free service. To book an appointment with him please call his office on 6388 9230.

Dates in the house: 31st Jan, 14th Feb, 28th Feb, 14th March, 28th March.

**Women's Legal Service Tasmania**- Willing to do outreach when needed call for appointments 6349 1943, at The CFLC Monthly

**SALVATION ARMY  
STREET 2 HOME  
ASSERTIVE OUTREACH WORKER**

**MONDAYS  
FORTNIGHTLY  
10AM-12NOON  
NO APPOINTMENT  
NECESSARY**

**187 AGNES STREET  
FOR MORE INFO  
CALL 63123019**





# EIGHTBALL AND DARTS

WEDNESDAY'S 11AM-2PM  
AT THE GEORGE TOWN  
NEIGHBOURHOOD HOUSE

STARTING 15TH FEBRUARY

Everyone's welcome no  
experience necessary,  
have a game and chill out.  
no need to book in just  
turn up



# George Town Neighbourhood House Licence and car supports

## Driving Services at a glance

Did you know, you can walk into The Hood without a licence and walk out with your P's, a car, insurance and confidence. (ok lets be clear, you can not do this all in a day) Check out the services and supports below. Please note conditions apply. If you would like further information, please contact The Hood on 63 123019

## Good Shepherd No Interest Car Loans

This is a smart loan program, not a fast loan. This loan has been designed by Good Shepherd to support eligible participants access practical, affordable finance. Loans are up to \$5,000 Contact NILS on 1300 301 650



## ESSENTIALS WITH AAI

Insurance designed to support low-income earners to hold cover. Comprehensive cover for cars valued up to \$3,000 and \$5,000  
[www.essentialsvyaaai.com.au](http://www.essentialsvyaaai.com.au)

## LEARNER LICENCE SUPPORT



### Learner Licence tutoring and testing

Qualified Learner Licence tutors can provide one-on-one tutoring to assist participants to understand the road rules. Participants can then access a paper test and have questions read and explained to participant.



### Wheels 4 Work- up to 80 hours free driver mentoring

Eligible participants can access a free car and a supervisory driver to assist in developing their on-road driving skills.



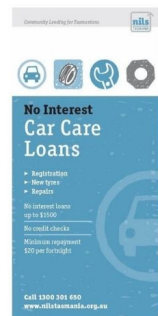
### Free professional driving lessons for L-platers

To access Wheels for Work a condition is you have to be deemed safe to get into a car with a volunteer mentor. Two meet this criteria, you have to have at least two professional lessons. You can sign up on the link below or can be assisted in person by staff at Neighbourhood House.  
<https://keys2drive.com.au>

## NO INTEREST CAR CARE LOANS

If you are a Healthcare card holder or earn under \$55,000pa, you can access a No Interest Loan for up to \$2,000 for car care. Car care is inclusive of repairs, registration and/ or tyres.

**Supporting community to have safe, reliable cars.**



## Programs and services supported by





**CORES™ Australia**

COmmunity Response to Eliminating Suicide



## Self-Care and Mental Wellbeing Workshop

This two-hour self-care and mental wellbeing workshop will provide the skills and resources to develop an individualised self-care and mental wellbeing plan that encompasses activities to enhance physical, mental, emotional, social and spiritual health on a daily basis.

The workshop will explore the concept of self-care and mental wellbeing, how to identify personal signs of stress and simple strategies that can be used to manage individual stress levels on an everyday basis.

**When:** Wednesday 8<sup>th</sup> February 2023

**Where:** George Town Neighbourhood House, 187 Agnes Street, George Town

**Time:** 10.00am – 12.00pm (registration from 9.45am)

**Cost:** Free due to grant from Bell Bay Aluminium

**Enquiries:** Natalie at [admin@kentishrc.com.au](mailto:admin@kentishrc.com.au) or 6491 1552

**RSVP:** Please book by 6<sup>th</sup> February via Eventbrite:

<https://www.eventbrite.com.au/e/482815182207>

**BELL BAY ALUMINIUM**

Part of the Rio Tinto Group

RioTinto



**Do you and your mate  
have an addiction?**

**Come together**

**Get Help together**

**No judgement**

Drop in Thursdays fortnightly  
2/2, 9/2, 23/2, 9/3, 23/3  
9.30am -12.30pm  
George Town Neighbourhood House  
187 Agnes Street



**Anglicare Drug and Alcohol  
Treatment and support Services**

 **Anglicare**<sup>TAS</sup>  
*Choice, support and hope*





**George Town  
Neighbourhood  
House**

# *Social Sheila's*

**Fridays: 12.30-2pm**

**For all women over 18**

**Take some time to be you with out the distractions**

**Strictly no kids**

3rd February: Terrariums

10th February: Cards against humanity  
(adult version)

17th February: Movie 'Phonebooth'  
with popcorn

24th February: Mosaics Workshop

3rd March: Windowsill herb gardens

10th March: Knick knack bingo

17th March: Scrapbooking

24th March: Indoor Bowls

187 Agnes Street

Bookings preferred not essential





**George Town  
Neighbourhood  
House**



# **PET FOOD AND FLEA/TICK/WORM CARE**

if you need support to fill your pets bellies book an appointment at the Neighbourhood house.

Friday 24th February.

To support this program in the future please complete a short survey with Bec.

To book your appointment please call 63123019



# FOOD PROGRAMS



## ***Monday Frozen Food Box- (Free)***

Contents vary weekly but generally include some frozen meals and other frozen food items. Call Monday mornings to be put on the list, 20 spaces available. Collection at 10.30



## ***Friday Vegetable Bags - (Free)***

Fresh fruit and vegetables from Loaves and Fishes, items vary. Call weekly to be put on the list, 20 spaces available, pickup between 9 and 10am Fridays

## ***Daily Heat and Eat***

Come between 11am and 2pm and get a meal from our fridge, heat it up and eat it on site.

currently not available  
due to low food supplies

## ***Continental Breakfast- (Free)***

### **Sponsored by Timberlink**

Available daily and help your self to our continental breakfast, consisting of a range of cereals, bread for toast with a range of condiments.



## ***Pantry Hampers- (\$15)***

Pantry hampers are available everyday for \$15, contents vary but include many pantry staples (contents generally worth around \$80)



## ***Community Pantry- (Free)***

We have a community pantry out the front, that will have our excess food available after hours, this pantry is free for anyone in the community to take what they need.

# SECRETARY SERVICES

Photo Copies/ Printing **A4** (black and white) 20c per page

**A3** 40cents per page

Photo Copies/Printing **A4** (Colour) \$1 per page

**A3** \$2 per page

Laminating **A4** \$1 **A3** \$2

Scan and Email: No charge

Resume Printing : 5 copies for free



# Meet Team Hood

## Office

Simone Lowe- Manager  
Kristy Fawdry  
Cindy Johnson  
Jessica Berger  
Anne Cameron  
Kerry Daniels

## Board Of Management

Paul Gale- Chairperson  
Pat Wilkinson- Vice Chair  
Jill Holland- Treasurer  
Diane Duggan- Secretary  
Denise Fawdry  
Anne Cameron  
Nick Van Der Klugt  
Vince Wilkinson

## House Volunteers

Wayne Barry  
Amanda Barry  
Phil Worker  
Will Chenery  
Chanita Subhitabhorn  
Jacqui Wilson  
Nick Van Der Klugt  
Peter Fawdry  
Polly Benson  
Richard McKenna  
Darryl Conway  
Lucas Weston  
Kerry Whit  
Sarah Louise

