# GEORGE TOWN NEIGHBOURHOOD HOUSE

Bi Monthly Newsletter December 2021- January 2022



### **CONTACT US**

187 Agnes Street GEORGE TOWN
Monday - Friday 8.30- 4pm
Phone: 63123019
email: reception@gtnh.org.au
www.gtnh.org.au
facebook: @georgetownhood

### **Holiday Closures**

Closed: 27th and 28th December
(xmas day and boxing day public holidays)
We will be closed 31st December
(to set up for New Years Eve event)
Annual Leave from 3rd January -26th January
1st Day open 27th January



# Woolworths Christmas Giving Tree



Each year Woolworths George
Town kindly set up the giving tree
to collect presents that we allocate
to local families in need. If you
would like to donate please get
your items to Woolworths George
Town by the 21st December so
they will get to the families before
Christmas

Whilst we are closed if you need help urgently these are the numbers to contact:

Housing Connect 1800 800 588 Launceston Community Legal Centre 6334 1577

Food Help: Vinnies 0487 805 076
Salvos 63821559
Other numbers can be found on our website www.gtnh.org.au

We love to help you our community but this is a much needed break for our team so please refrain from contacting them over work matters whilst we are closed

# GEORGE TOWN XMAS PARADE

Come and join Team Hood for the George Town Christmas Parade on Friday 10th Costumes Supplied for Candyland Theme, let us know if you want to be part of our team 63123019 so we can find







### **EMERGENCY RELIEF**



axamania

We know that sometimes the unforeseeable happens and that may make things difficult. We have an emergency relief program that runs 5 days a week. If you require assistance please come in and fill out a form and it will be processed and you will be sent a text message with the outcome. There is some criteria and each application is based on individual circumstances.

We welcome Ben from Taxmania to Team Hood! Ben is available Thursdays to provide free financial support to our community. Ben is able to provide assistance in areas of

- Tax Returns
  - BAS
- Business Setup
- Business Advice
- Tax Return Update (Look at an individuals Tax Portal to see if there is any outstanding returns.
- Tax Return Review (Look at an individuals recently lodge tax return to see if I can get them more back)
  - Budgeting Advice
  - ATO assistance

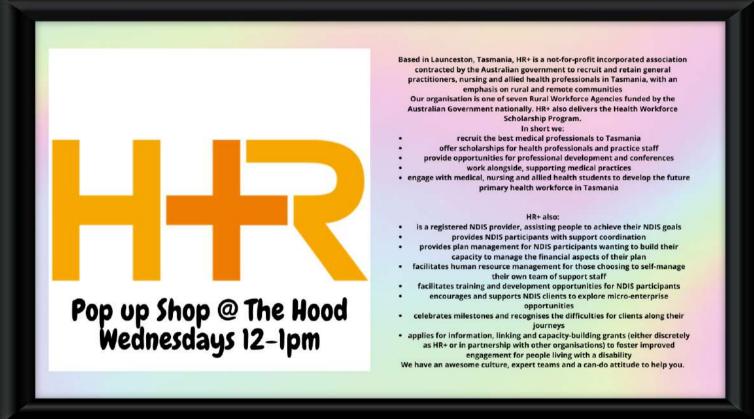
Drop in available until 12:30 pm Thursdays Ben is also running group sessions: (keep an eye out for more details) Welcome to The Team Ben





# **Massage Chair**

Come and relax and recharge at The Neighbourhood House.
Available from 8.30-4pm this chair was purchased from a healthy living grant.







### **GARDEN UPDATE**

We had a fantastic day in the garden on the 16th November, it is now looking ready for new plants.

This is a great partnership between the community, Star of the Sea and HR + and we are very excited to see how the garden is going to grow.

If you would like to join in the garden fun let us know



Do you want to go for a bike ride?

Come and book one of our free loan bikes

# VISITING LEGAL SERVICES

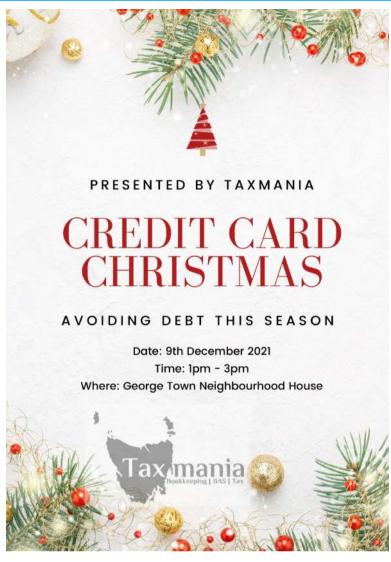
Launceston Community Legal Center

(**LCLC**)- Book a free legal appointment with them directly on 6334 1577. Ask for outreach at George Town they are here on the following dates: Dec 6th, 20th

Ross Hart- Practices out of the house fortnightly on a Tuesday, this is not a free service. To book an appointment with him please call his office on 6388 9230. Dates in the house: Dec 7th, 21st

Women's Legal Service Tasmania- Willing to do outreach when needed call for appointments 6349 1943, at The CFC Monthly

**Legal Aid Tasmania**- Are willing to do outreach when needed call for appointments 63284000











## No Interest Essentials Loans

- ► Car repairs
- Fridges & freezers
- ► Computers & tablets
- ► Home furniture
- Medical & dental services
- ► Ask us!

No interest loans up to \$1500

No credit checks

Minimum repayment \$20 per fortnight



## FOOD PROGRAMS

### Monday Frozen Food Box-<u>(Free)</u>

Contents vary weekly but generally include some frozen meals and other frozen food items. Call Monday mornings to be put on the list, 20 spaces available. Collection at 11am

#### Wednesday Vegetable Bags-<u>(Free)</u>

Fresh fruit and vegetables from Loaves and Fishes, items vary weekly. Call Wednesday morning to be put on the list, 20 spaces available, pickup at 12noon

### Daily Heat and Eat- (Free)

Come between 12-1.30pm and get a meal from our fridge, heat it up and eat it on site.

### Continental Breakfast- (Free)

Available daily and help your self to our continental breakfast, consisting of a range of cereals, bread for toast with a range of condiments.

### Pantry Hampers-

Pantry hampers are available everyday for \$10, contents vary but include many pantry staples (contents generally worth around \$80)

### Community Pantry- (Free)

We have a community pantry out the front, that will have our excess food available after hours, this pantry is free for anyone in the community to take what they need.

### **SECRETARY SERVICES**

Photo Copies/ Printing A4 (black and white) 20c per page

A3 40cents per page

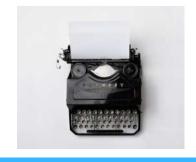
Photo Copies/Printing A4 (Colour) \$1 per page

A3 \$2 per page

Laminating **A4** \$1 **A3** \$2

Scan and Email: No charge

Resume Printing: 5 copies for free



# ASSISTANCE FOR SENIORS

WE OFFER ASSISTANCE WITH THE FOLLOWING:

- CENTRELINK
- MY AGED CARE
- APPLICATIONS SENIORS CARD, COMMONWEALTH SENIORS HEALTH CARE CARD, NO INTEREST LOAN (NILS)
- BEREAVMENT ISSUES- WHAT TO DO WHEN SOME ONE PASSES AWAY
- . EMERGENCY FOOD RELIEF
- GRIEF COUNSELLING
- SOCIAL SUPPORT INCLUDING WEEKLY CHECK IN PHONE CALLS
- COMPUTER AND PHONE ASSITANCE
- ONLINE SHOPPING ASSISTANCE
- REFFERALS- COTA, ADVOCACY TAS, FREE LEGAL ADVICE, WILLS, POWER OF ATTORNEY, GUARDIANSHIP, ELDER ABUSE AND MORE (ASK FOR OUR INFORMATION BOOKLET)

George Town Neighbourhood House

For more information please call us on 63123019 or pop into 187 Agnes Street.

## The George Town Neighbourhood House Chain Gang!

Do you have some spare time, enjoy helping others, like working with your hands? We have got the job for you! Well, we have many jobs for you 🔞



#### What does the chain gang do?

The Neighbourhood House identifies community projects that need to be completed and then a group of volunteers roll up their sleeves and get the job done.

#### How do you sign up?

You simply give us your name and number and we add you to the list. You only become inducted when you arrive at your first volunteer site.

#### What type of work will be done?

Beautification work ( i.e., front yard clean ups and rubbish removal)

Working Bees in Community Garden and Neighbourhood House

Community clean up days such as Clean up Australia Day and Catch in in the Catchment

Other jobs that have been identified to help individuals and families

#### When will it all begin

We have a yard clean-up project that has partially been completed. We are seeking volunteers for Wednesday 20th October 9:30am – if you are free inbox us your name and number 😂

This is an opportunity for people to volunteer to help us with project that we would typically undertake. This is not a business!

### **ROYAL FLYING DOCTORS**

The Royal Flying Doctor Service
The RFDS Mental Health Worker Kate will be
working from the house
Tuesday- Friday 8.30-4pm
RFDS provides a range of mental health and
wellbeing services, Their dedicated RFDS
mental health professional visits remote
towns and properties to provide further
treatment, support, as well as education
about mental health issues for individuals and
communities.











#### HEALTHY LIVING ON A BUDGET

#### The FREE program is open to all

2 Dec ~ 10:00am- 12:00pm

Care2Grow | caring for your food, edible gardens, seasonal produce, connections to home and community production supports.

2 Dec ~ 12:00pm - 2:00pm

Care2Cook | caring for your diet, healthy meals on a budget using seasonal produce - and enjoy a free meal with other carers.

Join in us at George Town Neighbourhood House



RSVP to: events@care2serve.com.au | 6144 3700 Address: 187 Agnes St, George Town TAS 7253



#### **Play Group**

Tuesdays 1-2.30pm during school term, all parents with children under school age welcome to attend.





### **Play Connect**

PlayConnect is a free, safe and supported playgroup program for children birth- 6 years on the Autism Spectrum, or with developmental delays or behavioral concerns, and their families.

The Playgroup is back for Term 4 on Wednesdays during school term, 10am-11.30am
Contact Bec- 0458 751 716 for more info.

# GEORGE TOWN NEIGHBOURHOOD HOUSE FAMILY FUN & COMMUNITY ZONE DECEMBER 2021



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1st Play with Vinnie and Stella	2 <sup>nd</sup> Monopoly	3 <sup>rd</sup> Trivia
6 <sup>th</sup> Sock and Belt Game	7 <sup>th</sup> Bingo	8 <sup>th</sup> Sport Fun with Bec from Reclink reclink australia	9 <sup>th</sup> After School activities and BBQ	10 <sup>th</sup> Xmas Parade Come get ready and Xmas parade with us, costumes supplied.
13 <sup>th</sup> Cards against Humanity	14 <sup>th</sup> Bingo	15 <sup>th</sup> Gardening Fun	16 <sup>th</sup> Needle in a haystack Game	











# George Town New Year's Eve Extravaganza

3pm-12.30am
Free Entry
@ The Crazy Duck and along the
Esplanade South
Fireworks @9.30pm and Midnight

Live Music The Smoking Elmore's, Jack Taylor, Dave Bailey

Family Attractions finish at 9.30pm WSM Freestyle Motocross, Rides and Attractions, Food, Live Performances and lots more.

This is a Covid Safe event approval for 5000 patrons.

Masks will have to be worn once 1000 is reached.

please follow the public health directives















# **Meet Team Hood**

### Office

Simone Lowe- Manager

Kristy Fawdry

Cindy Johnson

Jessica Berger

Kerry Daniels

Jack Taylor

Cynthia Lowe

Anne Cameron

## Board Of Management

Paul Gale- Chairperson
Jacqui Smart- Vice Chair
Jill Holland- Treasurer
Diane Duggan- Secretary
Denise Fawdry
Michael Berger
Greg Kieser
Vince Wilkinson
Pat Wilkinson

### House Volunteers

Wayne Barry

Amanda Barry

Sarah Louise

Phil Worker

Will Chenery

Chanita Subhitabhorn

Pene Harris

Lucas Weston

Tommy Lowe

Rachae Fawdry

Nick Van Der Klugt

Peter Fawdry

Polly Benson

Andy Farrell



