

# GEORGETOWN NEIGHBOURHOOD HOUSE

*Bi Monthly Newsletter December 2021- January 2022*



## CONTACT US

187 Agnes Street GEORGE TOWN

Monday - Friday 8.30- 4pm

Phone: 63123019

email: [reception@gtnh.org.au](mailto:reception@gtnh.org.au)

[www.gtnh.org.au](http://www.gtnh.org.au)

facebook: @georgetownhood



## Holiday Closures

Closed: 27th and 28th December

(xmas day and boxing day public holidays)

We will be closed 31st December

(to set up for New Years Eve event)

Annual Leave from 3rd January -26th January

1st Day open 27th January

## Woolworths Christmas Giving Tree



Each year Woolworths George Town kindly set up the giving tree to collect presents that we allocate to local families in need. If you would like to donate please get your items to Woolworths George Town by the 21st December so they will get to the families before Christmas



Whilst we are closed if you need help urgently these are the numbers to contact:

Housing Connect 1800 800 588

Launceston Community Legal Centre  
6334 1577

Food Help: Vinnies 0487 805 076

Salvos 63821559

Other numbers can be found on our website [www.gtnh.org.au](http://www.gtnh.org.au)

We love to help you our community but this is a much needed break for our team so please refrain from contacting them over work matters whilst we are closed

# GEORGE TOWN XMAS PARADE

Come and join Team Hood for the George Town Christmas Parade on Friday 10th

Costumes Supplied for Candyland Theme, let us know if you want to be part of our team 63123019 so we can find the perfect costume for you.



## EMERGENCY RELIEF



We know that sometimes the unforeseeable happens and that may make things difficult. We have an emergency relief program that runs 5 days a week. If you require assistance please come in and fill out a form and it will be processed and you will be sent a text message with the outcome. There is some criteria and each application is based on individual circumstances.

We welcome Ben from Taxmania to Team Hood!  
Ben is available Thursdays to provide free financial support to our community. Ben is able to provide assistance in areas of

- Tax Returns
- BAS
- Business Setup
- Business Advice
- Tax Return Update (Look at an individuals Tax Portal to see if there is any outstanding returns.
- Tax Return Review (Look at an individuals recently lodge tax return to see if I can get them more back)
- Budgeting Advice
- ATO assistance

Drop in available until 12:30 pm Thursdays

Ben is also running group sessions: ( keep an eye out for more details)

Welcome to The Team Ben



**Taxmania**



# Massage Chair

Come and relax and recharge at The Neighbourhood House.

Available from 8.30-4pm this chair was purchased from a healthy living grant.



**Pop up Shop @ The Hood  
Wednesdays 12-1pm**

Based in Launceston, Tasmania, HR+ is a not-for-profit incorporated association contracted by the Australian government to recruit and retain general practitioners, nursing and allied health professionals in Tasmania, with an emphasis on rural and remote communities. Our organisation is one of seven Rural Workforce Agencies funded by the Australian Government nationally. HR+ also delivers the Health Workforce Scholarship Program.

In short we:

- recruit the best medical professionals to Tasmania
- offer scholarships for health professionals and practice staff
- provide opportunities for professional development and conferences
- work alongside, supporting medical practices
- engage with medical, nursing and allied health students to develop the future primary health workforce in Tasmania

HR+ also:

- is a registered NDIS provider, assisting people to achieve their NDIS goals
  - provides NDIS participants with support coordination
  - provides plan management for NDIS participants wanting to build their capacity to manage the financial aspects of their plan
  - facilitates human resource management for those choosing to self-manage their own team of support staff
  - facilitates training and development opportunities for NDIS participants
  - encourages and supports NDIS clients to explore micro-enterprise opportunities
  - celebrates milestones and recognises the difficulties for clients along their journeys
  - applies for information, linking and capacity-building grants (either discretely as HR+ or in partnership with other organisations) to foster improved engagement for people living with a disability
- We have an awesome culture, expert teams and a can-do attitude to help you.

## GARDEN UPDATE

We had a fantastic day in the garden on the 16th November, it is now looking ready for new plants.

This is a great partnership between the community, Star of the Sea and HR + and we are very excited to see how the garden is going to grow.

If you would like to join in the garden fun let us know





Do you want to go for a bike ride?  
Come and book one of our free loan bikes

## VISITING LEGAL SERVICES

**Launceston Community Legal Center (LCLC)**- Book a free legal appointment with them directly on 6334 1577. Ask for outreach at George Town they are here on the following dates: Dec 6th, 20th

**Ross Hart**- Practices out of the house fortnightly on a Tuesday, this is not a free service. To book an appointment with him please call his office on 6388 9230. Dates in the house: Dec 7th, 21st

**Women's Legal Service Tasmania**- Willing to do outreach when needed call for appointments 6349 1943, at The CFC Monthly

**Legal Aid Tasmania**- Are willing to do outreach when needed call for appointments 63284000

PRESENTED BY TAXMANIA

# CREDIT CARD CHRISTMAS

AVOIDING DEBT THIS SEASON

Date: 9th December 2021  
Time: 1pm - 3pm  
Where: George Town Neighbourhood House

Taxmania  
Bookkeeping | BAS | Tax

## No Interest Essentials Loans

- ▶ Car repairs
- ▶ Fridges & freezers
- ▶ Computers & tablets
- ▶ Home furniture
- ▶ Medical & dental services
- ▶ Ask us!

No interest loans up to \$1500

No credit checks

Minimum repayment \$20 per fortnight

# FOOD PROGRAMS

## **Monday Frozen Food Box- (Free)**

Contents vary weekly but generally include some frozen meals and other frozen food items. Call Monday mornings to be put on the list, 20 spaces available. Collection at 11am

## **Wednesday Vegetable Bags- (Free)**

Fresh fruit and vegetables from Loaves and Fishes, items vary weekly. Call Wednesday morning to be put on the list, 20 spaces available, pickup at 12noon

## **Daily Heat and Eat- (Free)**

Come between 12-1.30pm and get a meal from our fridge, heat it up and eat it on site.

## **Continental Breakfast- (Free)**

Available daily and help your self to our continental breakfast, consisting of a range of cereals, bread for toast with a range of condiments.

## **Pantry Hampers-**

Pantry hampers are available everyday for \$10, contents vary but include many pantry staples (contents generally worth around \$80)

## **Community Pantry- (Free)**

We have a community pantry out the front, that will have our excess food available after hours, this pantry is free for anyone in the community to take what they need.



# SECRETARY SERVICES

Photo Copies/ Printing **A4** (black and white) 20c per page

**A3** 40cents per page

Photo Copies/Printing **A4** (Colour) \$1 per page

**A3** \$2 per page

Laminating **A4** \$1 **A3** \$2

Scan and Email: No charge

Resume Printing : 5 copies for free



GEORGE TOWN NEIGHBOURHOOD HOUSE

# ASSISTANCE FOR SENIORS

WE OFFER ASSISTANCE WITH THE FOLLOWING:

- CENTRELINK
- MY AGED CARE
- APPLICATIONS - SENIORS CARD, COMMONWEALTH SENIORS HEALTH CARE CARD, NO INTEREST LOAN (NILS)
- BEREAVMENT ISSUES- WHAT TO DO WHEN SOME ONE PASSES AWAY
- EMERGENCY FOOD RELIEF
- GRIEF COUNSELLING
- SOCIAL SUPPORT INCLUDING WEEKLY CHECK IN PHONE CALLS
- COMPUTER AND PHONE ASSISTANCE
- ONLINE SHOPPING ASSISTANCE
- REFERRALS- COTA, ADVOCACY TAS, FREE LEGAL ADVICE, WILLS, POWER OF ATTORNEY, GUARDIANSHIP, ELDER ABUSE AND MORE  
(ASK FOR OUR INFORMATION BOOKLET)



George Town Neighbourhood House

For more information please call us on 63123019 or pop into 187 Agnes Street.

## The George Town Neighbourhood House Chain Gang!

Do you have some spare time, enjoy helping others, like working with your hands? We have got the job for you! Well, we have many jobs for you 😊



### What does the chain gang do?

The Neighbourhood House identifies community projects that need to be completed and then a group of volunteers roll up their sleeves and get the job done.

### How do you sign up?

You simply give us your name and number and we add you to the list. You only become inducted when you arrive at your first volunteer site.

### What type of work will be done?

Beautification work ( i.e., front yard clean ups and rubbish removal)

Working Bees in Community Garden and Neighbourhood House

Community clean up days such as Clean up Australia Day and Catch in in the Catchment

Other jobs that have been identified to help individuals and families

### When will it all begin?

We have a yard clean-up project that has partially been completed. We are seeking volunteers for Wednesday 20<sup>th</sup> October 9:30am – if you are free inbox us your name and number 😊

**This is an opportunity for people to volunteer to help us with project that we would typically undertake. This is not a business!**

## ROYAL FLYING DOCTORS

The Royal Flying Doctor Service  
The RFDS Mental Health Worker Kate will be working from the house  
Tuesday- Friday 8.30-4pm  
RFDS provides a range of mental health and wellbeing services, Their dedicated RFDS mental health professional visits remote towns and properties to provide further treatment, support, as well as education about mental health issues for individuals and communities.



Royal Flying Doctor Service



## HEALTHY LIVING ON A BUDGET

The FREE program is open to all

2 Dec ~ 10:00am- 12:00pm

**Care2Grow** | caring for your food, edible gardens, seasonal produce, connections to home and community production supports.

2 Dec ~ 12:00pm - 2:00pm

**Care2Cook** | caring for your diet, healthy meals on a budget using seasonal produce - **and enjoy a free meal with other carers.**

Join in us at George Town Neighbourhood House



RSVP to: [events@care2serve.com.au](mailto:events@care2serve.com.au) | 6144 3700  
Address: 187 Agnes St, George Town TAS 7253



### Play Group

Tuesdays 1-2.30pm during school term, all parents with children under school age welcome to attend.

# FOR THE YOUTH



### Play Connect

PlayConnect is a free, safe and supported playgroup program for children birth- 6 years on the Autism Spectrum, or with developmental delays or behavioral concerns, and their families.

The Playgroup is back for Term 4 on Wednesdays during school term, 10am-11.30am

Contact Bec- 0458 751 716 for more info.

## GEORGE TOWN NEIGHBOURHOOD HOUSE FAMILY FUN & COMMUNITY ZONE DECEMBER 2021



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		<b>1<sup>st</sup> Play with Vinnie and Stella</b> 	<b>2<sup>nd</sup> Monopoly</b> 	<b>3<sup>rd</sup> Trivia</b> 
<b>6<sup>th</sup> Sock and Belt Game</b> 	<b>7<sup>th</sup> Bingo</b> 	<b>8<sup>th</sup> Sport Fun with Bec from Reclink</b> 	<b>9<sup>th</sup> After School activities and BBQ</b> 	<b>10<sup>th</sup> Xmas Parade</b> Come get ready and Xmas parade with us, costumes supplied. 
<b>13<sup>th</sup> Cards against Humanity</b> 	<b>14<sup>th</sup> Bingo</b> 	<b>15<sup>th</sup> Gardening Fun</b> 	<b>16<sup>th</sup> Needle in a haystack Game</b> 	



# George Town New Year's Eve Extravaganza

3pm-12.30am  
Free Entry  
@ The Crazy Duck and along the  
Esplanade South  
Fireworks @9.30pm and Midnight

Live Music  
The Smoking Elmore's,  
Jack Taylor, Dave Bailey

Family Attractions finish at 9.30pm  
WSM Freestyle Motocross,  
Rides and Attractions, Food, Live  
Performances and lots more.

This is a Covid Safe event approval for 5000 patrons.  
Masks will have to be worn once 1000 is reached.  
please follow the public health directives

for more info  
[www.gtnh.org.au](http://www.gtnh.org.au)



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THE CRAZY DUCK  
BAR AND RESTAURANT





# Meet Team Hood

## Office

Simone Lowe- Manager  
Kristy Fawdry  
Cindy Johnson  
Jessica Berger  
Kerry Daniels  
Jack Taylor  
Cynthia Lowe  
Anne Cameron

## Board Of Management

Paul Gale- Chairperson  
Jacqui Smart- Vice Chair  
Jill Holland- Treasurer  
Diane Duggan- Secretary  
Denise Fawdry  
Michael Berger  
Greg Kieser  
Vince Wilkinson  
Pat Wilkinson

## House Volunteers

Wayne Barry  
Amanda Barry  
Sarah Louise  
Phil Worker  
Will Chenery  
Chanita Subhitabhorn  
Pene Harris  
Lucas Weston  
Tommy Lowe  
Rachae Fawdry  
Nick Van Der Klugt  
Peter Fawdry  
Polly Benson  
Andy Farrell



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YOURSELF

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