

GEORGE TOWN NEIGHBOURHOOD HOUSE

Bi Monthly Newsletter April 2023- May 2023



CONTACT US

187 Agnes Street GEORGE TOWN

Monday - Friday 8.30- 4pm

Phone: 63123019

email: reception@gtnh.org.au

www.gtnh.org.au

facebook: @georgetownhood

Have your Say

Please fill out our quick survey and give us your opinions on George Town New Years Eve Extravaganza for 2024



HOUSE CLOSURES

7th April Good Friday

10th April Easter Monday

11th April Easter Tuesday

25th April Anzac Day



Books and clothes out the front in our driveway are for giveaway

Kindly Printed by Bridget Archer MP, Federal Member for Bass

Please note this newsletter is a snapshot of what we offer please see our website for more services.



HAIRCUTS FOR THE HOMELESS

If you know someone that could
benefit from this service please get
in contact with us

187 Agnes street George Town
03 63123019

This program was made possible by donations from
Rotary George Town and Diane Duggan





George Town Neighbourhood Houses's
Biggest Ever

Trivia
Night

Silent Auction
Raffle
Cash/Card Available

FRIDAY 28TH APRIL

GRAHAM FAIRLESS CENTRE.

6.30PM FOR 7PM START.

TABLES OF 8 (MAX)- ENTRY \$10 PER PERSON.

BYO FOOD.

PLATTERS AVAILABLE BY PRE ORDER.

DRINKS FOR SALE.

BOOK A TABLE:

CALL 63123019 OR MESSAGE US ON FACEBOOK.

WE NEED YOUR HELP WE WANT TO RAISE \$10K FOR NEW YEARS EVE.



Suicide Prevention Training

The training will provide participants with the essential skills to identify and respond to a person at risk of suicide, and:

- To recognise the warning signs of suicide
- To learn how to support a person at risk to access appropriate services and to develop their own safety plan
- To promote help-seeking behaviour before a crisis occurs
- Each participant will learn to identify their own self-care strategies
- An opportunity for participants to develop their own personalised safety plan

When: Thursday 20th of April, 2023

Where: George Town Neighbourhood House, 187 Agnes Street, George Town

Time: 9:30 AM – 4:30 PM (registration from 9:10am)

Cost: \$25 to secure your place including booking fee. A \$20 e-gift card will be given to participants at the completion of the training.

(We don't want this cost to prevent you from attending, so please contact us if this is an issue.)

Please bring your own lunch.

Enquiries: Natalie at admin@kentishrc.com.au or 6491 1552

RSVP: Please book via Eventbrite:

<https://www.eventbrite.com.au/e/568964757907>

BELL BAY ALUMINIUM

Part of the Rio Tinto Group

RioTinto



Are you Indigenous?

DO YOU NEED CENTRELINK SUPPORT?

The Indigenous Services Officer Kerri, from Services Australia Centrelink will be working from The Hood

**When:
10am-12pm**

29th March
12th April
10th May
24th May
7th June
21st June
5th July

 Services Australia



VISITING LEGAL SERVICES

Launceston Community Legal Centre (LCLC)- Book a free legal appointment with them directly on 6334 1577. Ask for outreach at George Town they are here on the following dates: April 3rd, 17th. May 1st, 15th, 29th

Ross Hart- Practices out of the house fortnightly on a Tuesday, this is not a free service. To book an appointment with him please call his office on 6388 9230. Dates in the house: April 12th, 26th (both Wednesday's due to public holidays), May 9th, 23rd.

Women's Legal Service Tasmania- Willing to do outreach when needed call for appointments 6349 1943, at The CFLC Monthly

APRIL 2023

| Monday | Tuesday | Wednesday |
|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Frozen Food Program 3 RFDS (youth) OCCI LCLC Lawyer CVGT Employment Services Maxima Job Agency Community Garden Street 2 Home Support Worker Aqua Floaters | RFDS (Adult) 4 Indoor Bowls RFDS (youth) Centrelink Support NILS Continental Breakfast | Housing Connect 5 RFDS (Adults), RFDS (Youth) Inter-Agency Meeting Loaves and Fishes Vegetables Launceston Benevolent Community Garden Children's University Aqua Floaters, Darts |
| Closed 10 | 11 Closed | Housing Connect 12 NILS RFDS (Adults) Ross Hart Continental Breakfast Community Garden Centrelink Centrelink Indigenous Support |
| Frozen Food Program 17 NILS LCLC Lawyer CVGT Employment Services Maxima Centrelink Support Community Garden Continental Breakfast Street 2 Home Support Worker | 18 NHT Regional Meeting RFDS (Adult) Centrelink Support NILS Continental Breakfast | 19 NILS RFDS (Adults) Loaves and Fishes Vegetables Continental Breakfast Hood Committee Meeting Community Garden Centrelink |
| Frozen Food Program 24 NILS CVGT Employment Services Maxima Centrelink Support Community Garden Continental Breakfast | Closed 25 | Housing Connect 26 NILS RFDS (Adults) Ross Hart Continental Breakfast Community Garden Centrelink Children's University Aqua Floaters |

Thursday

Friday

Daily Mon-Fri 8.30am-4.00pm

RFDS (Adult) 6
 Anglicare Addiction Support
 NILS
 Cooking with Friends
 Continental Breakfast
 Centrelink

Closed 7

Free Tea and Coffee
 Continental Breakfast
 Massage Chari
 Newspaper
 Computers/Internet
 Gaming Console
 Community Puzzle
 Clothes
 Books
 Street Library
 Basketball

RFDS (Adult) 13
 NILS
 Cooking with Friends
 Continental Breakfast
 Centrelink
 Parents Next
 Max Employment

Great Giveaway 14
 Bingo
 Social Sheila's
 BBQ, RFDS (Adult)
 CVGT Employment Services
 NILS
 Continental Breakfast
 Community Garden

Other services by request

RFDS (Adult) 20
 NILS
 Suicide Prevention Training
 Cooking with Friends
 Continental Breakfast
 Centrelink
 Anglicare Addiction Support

Bingo 21
 Social Sheila's
 BBQ
 RFDS (Adult)
 CVGT Employment Services
 NILS
 Continental Breakfast
 Community Garden

Baptcare Mental Health
 Anglicare Financial Counselling
 Wheels 4 Work
 Positive Solutions
 Baptcare NDIS
 YAS worker

RFDS (Adult) 27
 NILS
 CCA
 Cooking with Friends
 Continental Breakfast
 Max Employment
 Wellness with Bec
 Children's University

Bingo 28
 Social Sheila's
 BBQ
 RFDS (Adult)
 CVGT Employment Services
 NILS
 Continental Breakfast
 Community Garden
 Footy Fest
 TRIVIA NIGHT

Aqua Fitness

Monday's, Wednesday's and Sunday's
 Classes are coordinated by Kylie from
 Sheriff Health and Fitness

MAY 2023

| Monday | Tuesday | Wednesday |
|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Frozen Food Program RFDS (youth) OCCI LCLC Lawyer CVGT Employment Services Maxima Community Garden Continental Breakfast Street 2 Home Support Worker 1 | RFDS (Adult) Indoor Bowls RFDS (youth) Centrelink Support NILS Continental Breakfast Family Bingo 2 | Housing Connect RFDS (Adults) RFDS (Youth) Continental Breakfast Loaves and Fishes Vegetables Launceston Benevolent Community Garden Children's University 3 |
| Frozen Food Program NILS CVGT Employment Services Maxima Centrelink Support Community Garden Continental Breakfast Aqua Floaters 8 | RFDS (Adult) Indoor Bowls RFDS (youth) Centrelink Support NILS Ross Hart Continental Breakfast Family Bingo 9 | Housing Connect RFDS (Adults) RFDS (Youth) Continental Breakfast Loaves and Fishes Vegetables Community Garden Children's University Centrelink Indigenous Support 10 |
| Frozen Food Program NILS LCLC Lawyer CVGT Employment Services Maxima Centrelink Support Community Garden Continental Breakfast Street 2 Home Support Worker 15 | RFDS (Adult) Indoor Bowls RFDS (youth) Centrelink Support NILS Continental Breakfast Family Bingo 16 | Housing Connect RFDS (Adults) RFDS (Youth) Continental Breakfast Loaves and Fishes Vegetables Community Garden Children's University 17 |
| Frozen Food Program NILS CVGT Employment Services Maxima Centrelink Support Community Garden Continental Breakfast 22 | RFDS (Adult) Indoor Bowls RFDS (youth) Centrelink Support NILS Ross Hart Continental Breakfast Family Bingo 23 | Housing Connect RFDS (Adults) RFDS (Youth) Continental Breakfast Loaves and Fishes Vegetables Community Garden Children's University 24 |
| Frozen Food Program NILS LCLC Lawyer CVGT Employment Services Maxima Centrelink Support Community Garden Continental Breakfast Street 2 Home Support Worker 29 | RFDS (Adult) Indoor Bowls RFDS (youth) Centrelink Support NILS Continental Breakfast Family Bingo 30 | Housing Connect RFDS (Adults) RFDS (Youth) Continental Breakfast Loaves and Fishes Vegetables Community Garden Children's University 31 |

| Thursday | Friday |
|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <p>RFDS (Adult) 4 Anglicare Addiction Support NILS Cooking with Friends Continental Breakfast Centrelink</p> | <p>Great Giveaway 5 Bingo Social Sheila's BBQ RFDS (Adult) CVGT Employment Services NILS Continental Breakfast Community Garden Footy Fest</p> |
| <p>RFDS (Adult) 11 NILS Cooking with Friends Continental Breakfast Centrelink Parents Next Max Employment After School Activities Neighbourhood House Week</p> | <p>Bingo 12 Social Sheila's BBQ RFDS (Adult) CVGT Employment Services NILS Continental Breakfast Community Garden Footy fest</p> |
| <p>RFDS (Adult) 18 NILS Cooking with Friends Continental Breakfast Centrelink Anglicare Addiction Support Volunteer Thank you</p> | <p>Bingo 19 Social Sheila's BBQ RFDS (Adult) CVGT Employment Services NILS Continental Breakfast Community Garden Footy fest</p> |
| <p>RFDS (Adult) 25 NILS Emergency relief meeting Cooking with Friends Continental Breakfast Max Employment After School Activities</p> | <p>Bingo 26 Social Sheila's BBQ RFDS (Adult) CVGT Employment Services NILS Continental Breakfast Community Garden Footy fest</p> |

Daily
Mon-Fri 8.30am-4.00pm

Free Tea and Coffee
 Continental Breakfast
 Massage Chari
 Newspaper
 Computers/Internet
 Gaming Console
 Community Puzzle
 Clothes
 Books
 Street Library
 Basketball

Other services by request

Baptcare Mental Health
 Anglicare Financial Counselling
 Wheels 4 Work
 Positive Solutions
 Baptcare NDIS
 YAS worker

Aqua Fitness

Monday's, Wednesday's and Sunday's
 Classes are coordinated by Kylie from
 Sheriff Health and Fitness

If you would like more information about any of these activities please call us, activities vary within programs.



FOOTY FEST 2023

ITS BACK

FRIDAY'S 3PM-4PM*

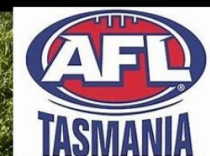
**28TH APRIL, WEEK 1: MEET AND GREET, HOT DOGS
AND FOOTY KICKING**

**5TH MAY, WEEK 2: BALL SKILLS AND KICKING
COMPETITION**

**12TH MAY, WEEK 3: FRIDAY NIGHT FOOTY MATCH
RICHMOND VS GEELONG
7PM FOR 7.20PM KICK OFF
SNACKS PROVIDED**

**19TH MAY, WEEK 4: FOOTY DRILLS AND GAMES
WITH AFL TAS**

26TH MAY, WEEK 5: DREAMTIME ROUND



GEORGE TOWN NEIGHBOURHOOD HOUSE

187 AGNES STREET GEORGE TOWN

***ACTIVITIES ARE 3-4PM UNLESS OTHERWISE STATED ON THE ACTIVITY**



The Launceston Benevolent Society will be providing emergency relief appointments at the George Town Neighbourhood House:

Wednesday 5th April 10.00am-12.30pm

Wednesday 3rd May 10.00am-12.30pm



Call the George Town Neighbourhood House to book your appointment: 63123019

This service is for current Launceston Benevolent Society clients and has the possibility for new clients

THE GREAT GIVE AWAY

Friday 14th April 9am - 2pm
&
Friday 5th May 9am-2pm

187 Agnes Street

Last year the great give away expanded to include Community Garden produce sales and irregular services/ groups in attendance to inform community of their services. We are providing regular spots for services to come meet and greet community.

April's Guests are:

HR+

And The Launch PAD

May's Guests are:

Country Women's Association

If you would like to know more about these service/groups and how to get involved or what help they can provide you, come and have a chat with them.



Stay tuned more information to come
about a drop in information session on
11th May 10-12 noon

FOOD PROGRAMS



Monday Frozen Food Box- (Free)

Contents vary weekly but generally include some frozen meals and other frozen food items. Call Monday mornings to be put on the list, 20 spaces available. Collection at 10am



Wednesday Vegetable Bags - (Free)

Fresh fruit and vegetables from Loaves and Fishes, items vary. Call weekly to be put on the list, 20 spaces available, pickup 12noon Wednesdays

Daily Heat and Eat- (Free)

Come between 12-1.30pm and get a meal from our fridge, heat it up and eat it on site.



Continental Breakfast- (Free)

Sponsored by Timberlink

Available daily and help your self to our continental breakfast, consisting of a range of cereals, bread for toast with a range of condiments.

Pantry Hampers- (\$15)

Pantry hampers are available everyday for \$15, contents vary but include many pantry staples (contents generally worth around \$80)



Community Pantry- (Free)

We have a community pantry out the front, that will have our excess food available after hours, this pantry is free for anyone in the community to take what they need.

SECRETARY SERVICES

Photo Copies/ Printing **A4** (black and white) 20c per page

A3 40cents per page

Photo Copies/Printing **A4** (Colour) \$1 per page

A3 \$2 per page

Laminating **A4** \$1 **A3** \$2

Scan and Email: No charge

Resume Printing : 5 copies for free



Meet Team Hood

Office

Simone Lowe- Manager
Kristy Fawdry
Cindy Johnson
Jessica Berger
Anne Cameron
Deb Smith

Board Of Management

Paul Gale- Chairperson
Pat Wilkinson- Vice Chair
Jill Holland- Treasurer
Diane Duggan- Secretary
Denise Fawdry
Anne Cameron
Nick Van Der Klugt
Vince Wilkinson

House Volunteers

Wayne Barry
Amanda Barry
Phil Worker
Will Chenery
Chanita Subhitabhorn
Nick Van Der Klugt
Peter Fawdry
Polly Benson
Richard McKenna
Sarah Louise
Lucas Weston
Kerry Whit

